

PLCY/PWAD 450

Maymester 2024

May 15-31, 2024

M-F

1:15-4:30pm

GC 1005

Internal & External Conflict Management

*Before we make
peace between
others, we must first
make peace with
ourselves*



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This *in-person* course is meant for future peacemakers and peacebuilders who aim to make a difference in and with their immediate and wider environments: friends, romantic partners, family members, work colleagues, and one's community.

Most sessions will be conducted by "sitting in circle" and in small groups. We will learn about and practice communication-intensive circles, build High-Quality Listening skills, discover our relationship with apology and forgiveness, and learn how to better understand our own needs and the needs of others.