

PLCY/PWAD 450

Maymester 2023

May 17 - June 2

M-F

1:15-4:30pm

GC 1005

Internal & External Conflict Management

*Before we make
peace between
others, we must first
make peace with
ourselves*



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This *in-person* course aims to provide students with the tools necessary to most effectively engage in interpersonal conflicts, by focusing on both internal and external factors and influences. The first half of the course will be focused on the internal conflicts we struggle with, and will be dedicated to understanding ourselves better. The second half will be dedicated to managing conflicts externally, both as negotiators and as mediators. Students will learn new negotiation and mediation skills, build upon existing ones, and learn how to cope with stress, discomfort, and emotions when in conflict.